

DEPARTMENT
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DATE TAKEN
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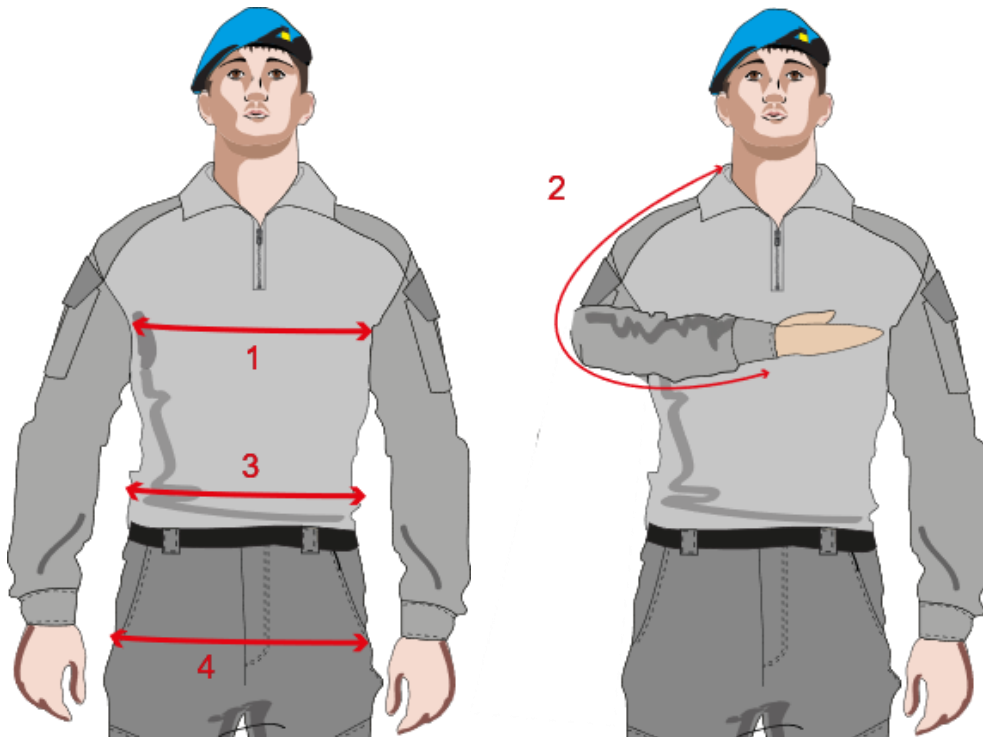


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Reliable Safety - Reliable Comfort

MEASUREMENT FORM FOR FLIGHT SUIT JACKET OR SMOCK V 08-22

**PLEASE USE THIS FORM IN CONJUNCTION WITH THE INSTRUCTIONS OVERLEAF
 RIG EQUIPMENT LIMITED CANNOT ACCEPT LIABILITY WHEN INCORRECT MEASUREMENTS
 HAVE BEEN SUPPLIED BY THE CUSTOMER. ANY DECISION NOT TO CHARGE FOR
 CORRECTIVE WORK WILL BE AT RIG EQUIPMENT LIMITED'S DISCRETION**

Name:		
1	Chest along the nipple line around the back. Hold tape lightly <i>(Raise the arms & measure the chest all the way around the body)</i>	
2	Sleeve length <i>(taken with arm bent towards the chest from where the neck meets the collar bone to the wrist bone)</i>	
3	Waist: <i>(Please measure your waist at the widest point of your body, generally in line with the navel or belly button all the way around the body)</i>	
4	Hips <i>(Ensure no bulky items are in your pockets and measure at the widest point of your hips & buttocks all the way around the body)</i>	
5	VERY IMPORTANT	Height:
6	Name as you would like it to appear on your name badge	
7	Professional designation	
NOTES		



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MEASURE GUIDELINES FLIGHT SUIT JACKET OR SMOCK

These guidelines are required to be read in conjunction with the measurement diagram that accompanies this leaflet. The importance of following these guidelines carefully cannot be stressed enough. Your comfort depends on it.

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NEVER ATTEMPT TO MEASURE YOURSELF AS IT IS IMPOSSIBLE TO MEASURE ACCURATELY

GENERAL GUIDELINES

- Wear the garments you would generally wear under your flight suit. Empty all your pockets
- **Take accurate measurements in centimetres.**
- Empty your pockets of any items such as mobile phones, wallets or bunches of keys.
- When measuring, you do not need to pull the tape tightly around the area you are measuring. Keep a light contact between the measuring tape and the area you are measuring. When measuring limbs, the tape should be free enough so that you may move it quite easily around the limb.
- **Don't attempt to measure yourself, get someone to measure you accurately.**

1: CHEST: The person being measured should lift their arms so they are horizontal with the shoulders. Pass the measuring tape around the body and hold it around the widest part of the chest/bust. Ask the person being measured to lower their arms over the tape. Make sure that the tape can easily be moved around the chest and take an accurate measurement.

2: SLEEVE MEASUREMENT: Ask the person being measured to lift their arm horizontally out to the side and then bend it at the elbow towards the chin. Whilst they hold the hand with the fingertips approximately 30cms (12") in front of the chin at shoulder level, take a measurement from where their neck meets their shoulders (usually where a t-shirt collar sits) along the outer edge of their arm to the wrist bone. It may help the measurer if the measurement is taken in two halves then added together; from the base of neck to elbow and from the elbow to wrist bone.

3: FLIGHT SUIT WAIST: Standing up, choose a point level with the navel to take a measurement around the body. Make sure that the tape can easily be moved around the waist and take an accurate measurement. **DO NOT ASSUME THAT YOUR JEANS OR TROUSER WAIST SIZE IS CORRECT. PLEASE PHYSICALLY MEASURE YOUR WAIST AS INSTRUCTED**

4: HIPS: Choose the area around the widest point of the buttocks. Make sure that the tape can easily be moved around the hips and take an accurate measurement.

5: HEIGHT: State your height without shoes in feet and inches or centimetres

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